

HOW LONG CAN PANCREATIC ENZYMES BE USED?

Pancreatic enzymes always have an expiration date that is printed on the bottle, usually on the label. This expiration date shows how long the enzymes can be used. After the expiration date has passed, pancreatic enzymes begin to break down and lose their effectiveness. It is important to have a prescription refilled before the current supply expires. If the expiration date has passed, destroy the old enzymes and begin using a new bottle.

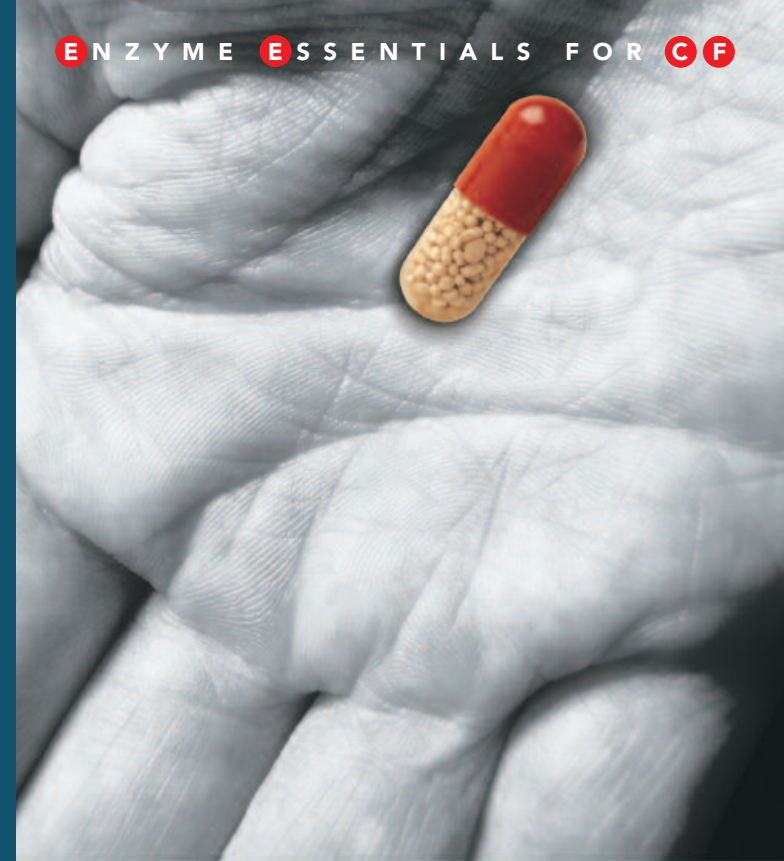
HOW SHOULD PANCREATIC ENZYMES BE STORED?

Store pancreatic enzyme supplements in a cool, dry place. Temperatures that are too high or too low can cause the enzymes to break down. Keep enzymes in their original container at room temperature, between 59 and 86 degrees Fahrenheit. Avoid storing the supplements in cabinets near the stove, and do not refrigerate.

Sunlight and other light sources (like fluorescent lights) can affect any medication, including pancreatic enzymes. Moisture and humidity can break down the coating on the enzymes, causing them to dissolve too soon.



Solvay
Pharmaceuticals



ESSENTIAL
CARE FOR
PANCREATIC
ENZYMES





Most medications should

be stored in certain places to keep them

from breaking down and losing their

effectiveness. Pancreatic enzyme supple-

ments are the same – proper

storage keeps the enzymes

intact so they can continue to help

people achieve growth and weight

goals, higher energy levels, and

better overall health.



Once again, the best way to store enzymes is in their original container, out of direct sunlight, and out of damp areas like the bathroom. Avoid storage in any cabinets near moisture sources, such as sinks or windows.

WHY SHOULD PANCREATIC ENZYME SUPPLEMENTS BE STORED IN THE ORIGINAL CONTAINER?

In addition to providing a dry, light-resistant environment, the original container carries an expiration date and provides information for storage instructions and other directions for use. Also, a Prescribing Information (PI) sheet may come with the pancreatic enzyme supplements to provide in-depth information about the product, including proper storage instructions. Ask your pharmacist if one is not provided.

HOW CAN PANCREATIC ENZYMES BE TRANSPORTED?

If possible, use the original container to transport enzymes from place to place. It may be easiest to leave containers of extra enzymes in places that are often visited, such as a friend's or relative's house. If extra enzymes are stored or carried elsewhere, use the same storage practices.



Don't carry the capsules loose in a pocket (heat and moisture), gym bag (moisture), or anywhere else. If using something other than the original container for transport, make sure that it keeps the enzymes dry and protected from light, and has the expiration date on it.

Travel tip: when traveling out of town, carry a prescription in case a refill is needed.

TALK WITH A DOCTOR AND NUTRITIONIST

Doctors and nutritionists are valuable sources of information for developing an overall health and nutrition strategy. If you have any questions or concerns about the information discussed in this brochure, please talk with a doctor or nutritionist.